

PE Curriculum Overview

Year	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
F2	Balanceability & Scooter wise programme		Balanceability & Scooter wise programme		Gymnastics: High, Low, Over, Under & Ball Skills Hands 1		Dance Rhymes & Ball Skills Feet		Locomotion: Running and Jumping		Games For Understanding	
Year 1	Ball Skills Feet	Ball Skills Hands 1	Locomotion: Dodging	Ball skills Hands 2	Gymnastics Body Parts	Dance: The Zoo	Gymnastics Wide, narrowed, curled	Locomotion Running	Locomotion: Jumping	Games For Understanding	Team Building	Health and Wellbeing
Year 2	Ball Skills Feet	Ball Skills Hands 1	Locomotion: Dodging	Ball Skills Hands 2	Gymnastics Pathways	Dance: Explorers	Gymnastics Linking	Ball Skills Racket & Ball	Locomotion: Jumping	Games For Understanding	Team Building	Health and Wellbeing
Year 3	Invasion: Basketball	Table Tennis	Invasion: Handball	Invasion: Dodgeball	Gymnastics Symmetry & Asymmetry	Dance Wild Animals	Invasion: Football	Health and Wellbeing	Striking & Fielding Cricket	OAA: Communication & tactics	Net / Wall Tennis	Athletics
Year 4	Invasion: Basketball	Table Tennis	Invasion: Handball	Invasion: Dodgeball	Gymnastics Levels & Direction	Dance Space	Invasion: Football	Health and Wellbeing	Striking & Fielding Cricket	OAA: Problem Solving	Net / Wall Tennis	Athletics
Year 5	Swimming	Swimming	Invasion: Handball	Invasion: Dodgeball	Gymnastics Counter Balance & Tension	Dance Greeks	Invasion: Football	Health and Wellbeing	Striking & Fielding Cricket	OAA: Orienteering	Net / Wall Tennis	Athletics
Year 6	Invasion: Basketball	Table Tennis	Invasion: Handball	Invasion: Dodgeball	Gymnastics Creating Sequences	Dance Carnival	Invasion: Football	Health and Wellbeing	Striking & Fielding Cricket	OAA: Orienteering	Net / Wall Tennis	Athletics