Swimming 2023/24

Meeting National Curriculum requirements for swimming and water safety.

Priority should always be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the National Curriculum programme of study. Swimming is an important skill and can encourage a healthy and active lifestyle. All Local Authority schools must provide swimming instruction either in key stage 1 or key stage 2. The programme of study for PE sets out the expectation that pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

Swimming and water safety	please fill out all of the below:
What percentage of your Year 6 pupils	55%
could swim competently, confidently and	
proficiently over a distance of at least 25	
metres when they left your primary	
school at the end of last academic year?	
What percentage of your Year 6 pupils	47%
could use a range of strokes effectively	
[for example, front crawl, backstroke and	
breaststroke] when they left your primary	
school at the end of last academic year?	
What percentage of Year 6 pupils could	100%
perform safe self-rescue in different	
water-based situations when they left	
your primary school at the end of last	
academic year?	